



New

Does not require
face-to-face assistance

Expert title in Groups, Psychodrama and Online Interventions

2020-2021



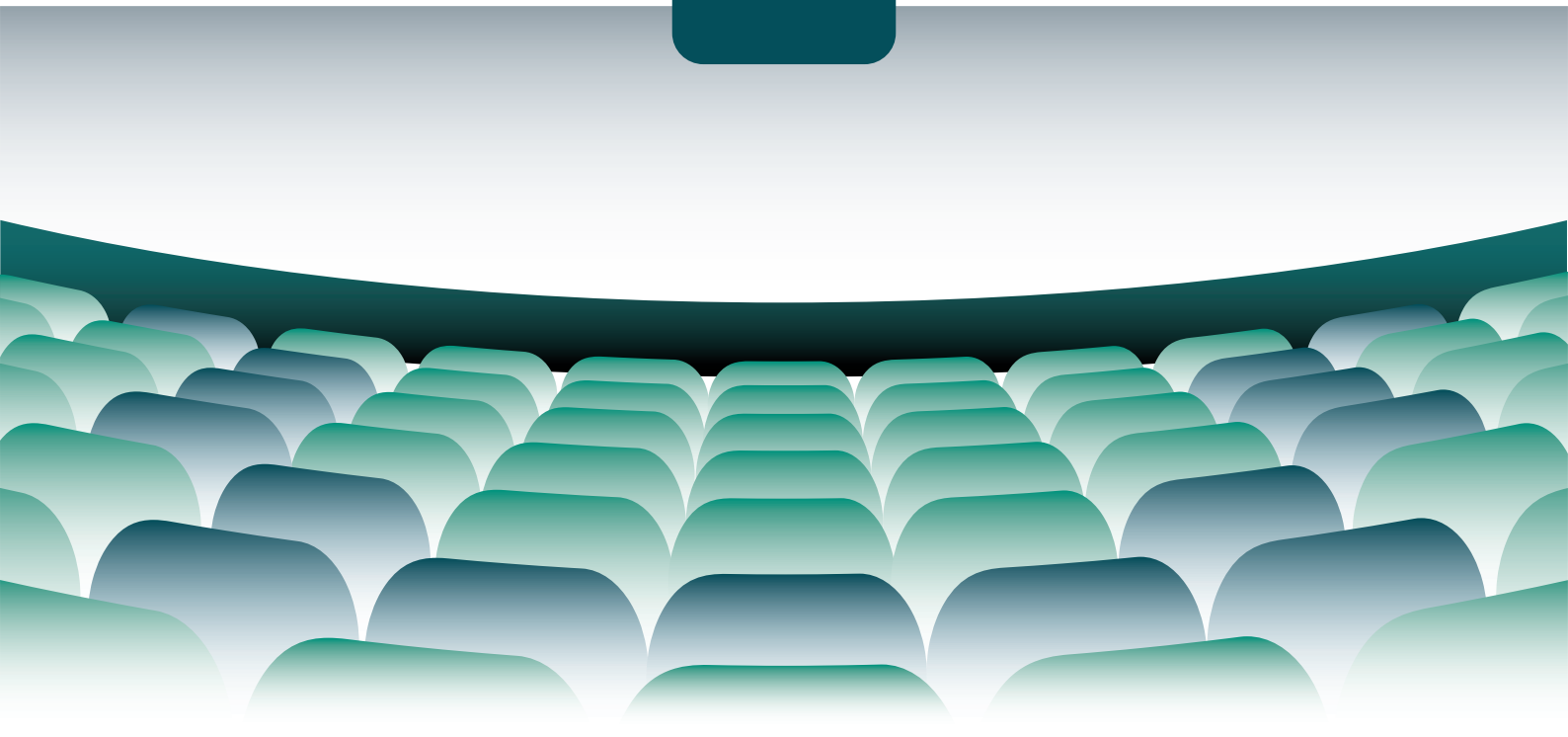
Institut de
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COURSE PRESENTATION

Mindful of the present social sanitary situation and its significant implications for various fields of social life, including Mental Health, education and psychotherapy practice, GRUP Formació launches a new training programme: **Expert Title in Groups, Psychodrama and Online Interventions**, accredited by the IL3-University of Barcelona and in collaboration with The Theatre Institute of Barcelona. The Expert programme has been designed as a **100% online** course, via live videoconferencing and a virtual campus, making it possible to attend from anywhere in the world.

GRUP Formació is an institution that, for more than 15 years now, has been training specialists in **group psychotherapy, psychodrama and online psychotherapy**: three of the most exciting fields of research in the past decades. The development of conscious and unconscious collective processes, creativity, action techniques, as well as, lately, an array of communication technologies, have been applied to the processes of learning about people, their intersubjective relationships and their potential for transformation in the the field of Mental Health.

COURSE DETAILS

Credits	Award	Language	Study Mode
15 ECTS (125 hours)	Expert Diploma in Groups, Psychodrama and Online Interventions	Catalan, Spanish, English	Blended learning
Duration	Schedule	Zoom Frequency	Fee
23/10/2020 3/7/2021	Friday from 18:00 to 22:00 Saturday from 16:00 to 20:00 Virtual Campus: unlimited access	Once a month	2.270€ (*)

(*) The price includes University of Barcelona administrative fee, graduation procedures and online bibliography. Inquire about discounts for eligible institutions and groups of professionals.

TEACHING METHOD

Online, comprising Zoom sessions (live videoconferencing) and the free access virtual campus learning (self paced). Training for the roles of group coordinator, group psychotherapist and psychodramatist. Learning about and practical application of the theory and methodology of online work. Experiential, hands-on learning. Tutorship. Theoretical and research papers development.

- 60% of "live distance learning" by synchronized Zoom videoconferences, at pre-established hours, during ten consecutive months, one consecutive Friday and Saturday afternoon per month. Aspects of group dynamics and psychodrama, as well as tools and the technique of online interventions will be taught via this modality. Rotation of large and small groups work will allow for the proposed subjects' optimal coverage.
- The remaining 40% of learning will take place via the Moodle platform of the Virtual Campus, where the theoretical aspects of the training will be covered, through presentations, videos and guided activities based on the Campus materials, including participation in an online group forum.

The array of formats we are going to use includes: videoconferencing, written text, audio, video, bodywork, figure theater and collective creativity platforms. These methods have been applied by us during the last fifteen years, resulting in a doctoral dissertation, two books and over a dozen published articles.

COURSE OBJECTIVES

Achievement of capacities required for psychotherapeutic coordination, including individual, group, couple and family Interventions for various age groups, in collaboration with working teams, in treatment of various problems.

Theoretical learning and technique-based training in psychodrama, group psychotherapy and group coordination, aiming at development of working plans of prevention, treatment and rehabilitation in such fields as mental health, public health, education, organizational and work-place services, using both face-to-face and online modalities.

WHO IS IT FOR?

Graduates, licence\degree holders in fields related to Mental Health, Education, Arts, Organizations and Businesses, who wish to learn about therapy applications through modern technologies.

(*) Other degrees and curricular skills will be taken in consideration at the admission interviews.

LEARNING MODULES

Theory

- T1. Group psychotherapy and psychodrama history.
- T2. Psychodramatic theory.
- T3. Group theory.
- T4. Stage theory.
- T5. Body theory.
- T6. Object theory.
- T7. Psychodramatic psychopathology.
- T8. Group psychotherapy and psychodrama.
- T9. Research methodology.
- T10. Working teams intervention.
- T11. Theory and technique of online interventions and psychotherapies.

Technique, training and practice

- P1. Setting of a psychodrama / group psychotherapy session: face-to-face and online modalities.
- P2. Psychodramatic team.
- P3. Psychodramatic techniques.
- P4. Group coordination training.
- P5. Training in body work.
- P6. Training in acting.
- P7. Stage directing.
- P8. Role-playing for psychodrama and group therapy Director and Auxiliary Ego training.
- P9. Group coordinator and psychodramatist role structuring.
- P10. Clinical practice (Internship) in public and private institutions.
- P11. Individual and group tutorship.

END OF COURSE PAPER

The training is completed by submission of a Final Expert Paper, before the end of the course.

TEACHING TEAM AND ADVISORY BOARD

Raúl Vaimberg Grillo

Programme Director.

Mónica Lombardo Cueto

Training Coordinator.

Lluís Albaigés Sans, María Teresa Anguera Argilaga, Raimón Àvila Castells, Andrés Bartos Amory, Joan Manuel Blanqué López, Elena Blaya Boronat, Andreu Carandell Gottschewsky, José Antonio Estévez Araujo, Ricard Frigola, Lluís Graells Montserrat, Marissa Josa, Alberto Jaime Kaminker, Fernando Latas Nivela, Victor Martí, Marta Mercadé Figueras, Marta Montaner Ventosa, Meritxell Santamaría Solsona, Antonio Simón Rodríguez, Josep Tous Andreu, Lara Vaimberg Lombardo, Tali Vaimberg Lombardo, Begonya Vázquez Lejárcegui.

Featuring invited teachers - Experts in various fields

Haim Weinberg (U.S.A.), Giuseppe Riva (Italy), Marisol Filgueira Bouza (La Coruña, Spain), Ernesto González de Mendibil (Bilbao, Spain), Pablo Álvarez Valcarce (Madrid, Spain), Cristina Martínez-Taboada Kutz (San Sebastián, Spain), Mariângela Wechsler (Brazil).

REGISTRATION OPENING DATE: 1st of June 2020.



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